

in-line

with



OKLAHAVEN

children's
Chiropractic
center

Fall 2007 • Oklahaven Children's Chiropractic Center • 4500 North Meridian • Oklahoma City, OK 73112

Oklahaven On The Move

Oklahaven had the opportunity to educate and raise awareness many times this year. Dr. Bobby was invited by Dr. Marc Styers to teach and bring her expertise to the children of Europe this summer in Hamburg, Germany. The children who came for treatment were profoundly hurt; three were comatose! It was an excellent learning experience for the chiropractors to see the children become

alert, sit up, calm down, and increase their function. Dr. Jean-Paul Pianta, a Palmer graduate, who treats many kings and European royalty, came to share his knowledge and see chiropractic at its best through the children.

Students at Logan College of Chiropractic and Northwestern Health Sciences University in Minneapolis enjoyed and benefited from her visits this fall. Dr. Bobby appreciated the energy and enthusiasm of the students and their vision for the future. As they see the potential of the children to be well, they realize their responsibility to take chiropractic to the hurt children. Dr. Bobby had the privilege of being the first speaker to the student body in the new William D. Purser Center at Logan College.



Romina, an officer of FUNHCAE, in San Pedro Sula with a child who came for help during one of Dr. Bobby's three trips to Honduras this year.

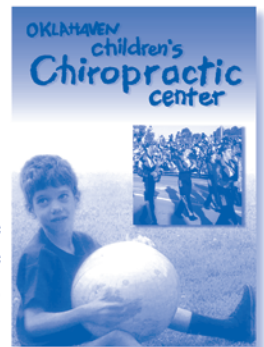
Many thanks to Dr. Laura Weller pictured with one of the children we helped at the fifth annual seminar held in St. Pete Beach, Florida each year in August.



45th Anniversary

New Documentary DVD

Oklahaven celebrated its 45th Anniversary in August with the Board Members and friends premiering a new and moving eleven-minute video for this special occasion. The powerful documentary tells a gripping story of one child's journey to health from his mother's point of view. It starts with Robert as a toddler being given the devastating diagnosis of juvenile rheumatoid arthritis and ends with his selection to the Oklahoma All-Star Centennial Band celebrating Oklahoma's Centennial which led the Rose Bowl Parade. He marched six miles while playing his saxophone in Pasadena, California, as well as, many more miles in communities around the state. (Continued on page 2)



Three seminars were held in Los Angeles. Thanks to Dr. Rachael Miller for her vision of helping the children and to Dr. Christine Anderson for the use of her clinic in West Hollywood.

4500 N. Meridian • Oklahoma City, OK 73112

OKLAHAVEN
children's
Chiropractic
center

NON PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
PERMIT #53
Oklahoma City, OK

Paula, Robert's mother, said, "My family's life was transformed because someone shared their chiropractic story with me and I want to pass on the hope and healing that I found with the chiropractic way of life."

This documentary answers the questions and concerns that parents have about choosing the chiropractic lifestyle for their children. It also illustrates Oklahaven's continuing commitment to helping children regain their health and reach their optimal potential.



Oklahaven is very grateful to Robert Grupe and Paula Barnes who were instrumental in creating our new 45th Anniversary Documentary DVD.

We were invited to premier the documentary in the heart of Times Square in New York City at the Natural Health and Wellness Seminar put on by Drs. Stuart and Teresa Warner. The documentary generated emotion and excitement. "Where could it go after Times Square?" The Chiropractors took it back with them to New Zealand, Australia, France,

Hong Kong, and Canada. It later went on to South Africa.

In these years, "Oklahaven" has become an internationally recognized and respected center for healing the children. The name has become a true description of the "haven" that restores health and the "haven" of hope that patients and parents find. The Children's Chiropractic Health Center of Oklahoma was the original name of the clinic that six volunteer doctors of chiropractic began in 1962. The name Oklahaven was added very soon after its inception to offer a more concise title to recognize the organization. Dr. Dale E. Burand suggested the name that is now synonymous with chiropractic for children in Oklahoma and around the world.

It renewed our spirits to know that Oklahaven has made it so far with the help of so many people, who believe in our mission of a natural lifestyle for the children. We believe it is our duty and responsibility to continue to tell the story to help more searching parents restore their children's health. Please know, we are deeply touched by all the open hearts for the children.

Oklahaven is sponsoring a radio talk show, "How Will We Live?" on KTLR every Tuesday morning at 9:30 a.m. Host Robert Grupe interviews top professionals in the chiropractic and natural healthcare fields about important issues that can benefit you and your family. The program can be accessed via the Internet by logging onto KTLR.com and clicking listen online.

Parent Support Group

"Listen to Your Heart"

By Paula Barnes

Oklahaven's Parent Support Group honors the movement of the parents everywhere, who have listened to their hearts and are beginning to take their power back and heal their children. We salute and encourage them on this journey. Our efforts to live a natural lifestyle have been the best gifts we could have chosen to give our children. Keep working hard and listen to your inner voice for direction. This time might seem long and even never ending, but your hard work now will give you freedom later as your child achieves his or her full potential. It is possible!

Greatest Detox

Breathing – stop, relax, look at the sky and watch your breath.

Do deep breathing exercises (20 minutes 2-3 times a day)

Eating Green - leafy greens including kale, mustard greens, spinach, Swiss chard, turnip greens, beet greens, lettuces, cabbage, water cress and green vegetables including asparagus, broccoli, cucumbers, okra, zucchini, bell peppers, celery, etc.

Your dedication has enabled us to continue our mission of restoring health to children and to spread the message of hope to searching parents. With your help, we are making a real difference in the lives of children throughout the world.

The greatest gift of all – the gift of health to a child!
Your help CAN make a difference!

I pledge the following support:

Single donation Monthly Alternate Months Quarterly

The Herald: \$500 \$1,000 \$5,000

The Harbinger: \$25 \$50 \$100 \$250 other \$ _____

• William Harris Family Foundation Matching Grant To be matched before December 15, 2007

• Purchase our new 45th Anniversary documentary DVD of one child's journey to health

\$20 each (plus \$5.00 S&H)

\$100 for 6 DVDs \$200 for 15 DVDs \$250 for 20 DVDs \$500 for 50 DVDs

Donations may be made online at www.chiropractic4kids.com. All gifts are tax deductible as allowed by law.

Name _____ Clinic or Business Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

(We do not give out our e-mail lists)

President's Letter

How can I begin to thank you for bringing us to this milestone of our 45th year? I see this as good news, bad news. The good news is healing the children no matter how severely hurt. The human body heals and balances itself.

That brings us to the bad news, which is that although we have been helping children get well naturally for 45 years, the need is actually greater now and the statistics are even more alarming. One child in 100 at age eight is autistic. It costs several million \$ to treat each child for his lifetime. The labels, the names of the dis-eases, have changed over the years from moron and idiot to handicapped, to special, and, now autistic.

We still call these children neurologically disorganized; The pattern of shut down is:

- Respiratory System — lack of rhythmic breathing, shallow breathing, congestion, weak cough reflex allergies, bronchial illnesses, asthma and mouth breathing
- Gastrointestinal System — mucus build up, abnormal bowel pattern (constipation, loose stools, diarrhea), overgrowth of harmful bacteria, yeast, parasites, leaky gut syndrome (membrane surrounding the intestines leaks toxins into the system), abnormal cellular biochemistry causing abnormal enzyme and hormone function, chronic abdominal pain, posturing (finding a position to take pressure or pain away)
- Circulatory System — inadequate body temperature regulation, over-taxed lymph, blood borne diseases
- Immune System/All systems of the body – inflamed lymph nodes, tonsillitis, ear infections, prone to inflammation, auto-immune reactions, diabetes, rheumatoid arthritis, inefficient (hyper/hypo) reactions dealing with infections
- Sensory System — disorganized vision, hearing, taste, smell, and touch
- Mental or Psychiatric — tantrums, mental and cognitive decline, nonverbal communication skills, disconnected from their environment, bizarre actions
- Neurological system — developmental disorders

The life force or the innate intelligence within the body of these children is being diminished or in chiropractic terms sub-lux-ated.

The good news is that the power of chiropractic is far greater than the illnesses or worrisome dis-eases or disorders and statistics. Our dream of healthy children is still alive and may be attained as more and more parents take back their power, and live the chiropractic way of life, which is a responsible, natural, whole food, drug-free lifestyle.

I thank the chiropractic profession and each of you who have enabled us to continue our message of hope and our mission of restoring health to children. The dream is becoming a reality each time we tell the story and heal the children here and in countries around the globe.

With your help, we are making a real difference in the lives of children.

Thank You

Have-A-Heart

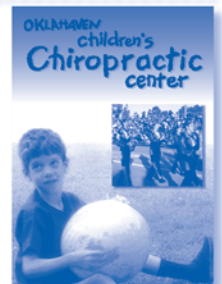
"Have A Heart 2008" is coming soon! Our annual fundraiser raises awareness for the hurt children and opens the heart to the need of a natural way of life for the children. Have-A-Heart helps people around the world open their hearts to the children

Chiropractors and Chiropractic students participate by showing our documentary DVD in their clinics and on their campuses and by selling the colorful hearts during Valentine's week, February 9-16, 2008.

In honor of Oklahaven's 45th Anniversary, we are offering our new DVD to everyone who signs up.

Sharing this documentary with patients, colleagues and the community during the campaign week brings awareness to the public. The displayed hearts show the generosity and desire to help hurt children regain their health.

Now is the time to sign up. Go to our web site www.chiropractic4kids.com to sign up online or send your name, clinic name, address, phone and e-mail to Oklahaven, 4500 N. Meridian, OKC, OK 73112. We will send you the Have A Heart packet the first of February.



OKLAHAVEN

children's
Chiropractic
 center

Donations may be made online at
www.chiropractic4kids.com

Oklahaven Children's Chiropractic Center

4500 N. Meridian

Oklahoma City, OK 73112

(405) 948-8807

oklahaven@flash.net