

# in-line

## With Oklahaven Children's Chiropractic Center

November 2005

4500 N. Meridian

Oklahoma City, OK 73112

### 110 Years of Chiropractic Captured in Oklahaven Seminar

Oklahaven hosted the last of a series of chiropractic seminars Saturday, September 17th, from 9:00 a.m. to 7:00 p.m. The purpose of the seminar was to teach chiropractors specific adjusting techniques for severely hurt children, including both force and nonforce methods. Four chiropractors affiliated with Oklahaven presented different techniques during the ten-hour seminar.

Dr. Bobby Doscher, CEO of Oklahaven and lead chiropractor, opened the seminar with the premise of chiropractic. "Our goal is to promote the wellness of children, especially the dis-eased and dys-functional children, in a natural way to release the power within," said Dr. Doscher. "The time is right to educate families on the body's recuperative power and the natural, drug-free way of life."

Some of the Oklahaven children came in the afternoon to join in the seminar to help the doctors observe the skills necessary to adjust special needs children. One of the children, Seth, a 5-year-old boy who had lack of speech, emotional distress, sleep problems, and violence when first brought to the clinic was one of the "participants." Now, seven months later, Seth can express himself in complete sentences, is less frustrated during the day, and sleeps better.

**Dr. Monty Harris**, Oklahaven's Director of Clinic, presented an overview of Oklahaven's approach to the upper cervical area. We have found the Base Posterior X-ray view, using the Duff analysis, showing the later-



*Board Member Dr. John Carver regales the attendees with the Carver perspective of chiropractic history. Dr. Carver is the grandson of Dr. Willard Carver, the lawyer who got D. D. Palmer, the founder of chiropractor out of jail for healing without a medical license and helped organized the chiropractic profession.*

ality and rotation of the atlas and axis relative to the foramen magnum, is the most efficient method with these children. A special thanks to **Dr. Tom Forrest** for his expertise and help in this area.

**Dr. Liz Erkenwick**, who is in private practice in the Chicago area, frequently travels with Dr. Bobby and has come to the clinic yearly. She gave a special presentation on light force techniques.

Board member **Dr. John Carver**, and Oklahaven's Chief of Staff, delighted the attendees with stories and a verbal history of chiropractic, and presented the Carver adjusting technique. Dr. Bobby still feels the Carver method is one of the greatest analysis and adjusting techniques of the spine.

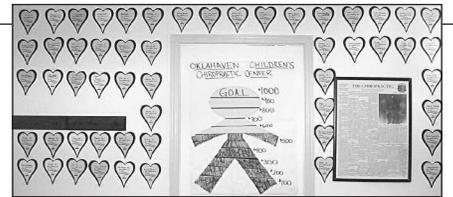
"It was exciting to see chiropractors transcend the different techniques and philosophies coming together to help the children," commented Dr. Marah Rutland, whose practice is located in Stigler, Oklahoma.

"This was an incredible opportunity for us, not only to demonstrate Oklahaven's successful approach to treating hurt children, but to provide an intensive learning and sharing experience as well," said Dr. Bobby Doscher. "Those attending were able to benefit from over 110 years of old and new chiropractic techniques in just one day. B.J. Palmer, the developer of chiropractic, often talked about the adjustment with 'that extra something.' That's what our seminar was all about."

Our next seminar is January 21, 2005. See you there!

*"We are learning to work with intuition, which actually is soul giving us gentle guidance to make our life better"*

**Sri Harold Klemp**



*Oklahaven's Have A Heart means lots of hearts at Maxwell Chiropractic in Daleville, VA.*

### HAH News

**It's official!!** The **Have A Heart 2005** Golden Heart Winners are: for the **SECOND** year in a row... **Dr. Howard Berg of Island Chiropractic & Fitness Center** in St. Simon's Island, GA and **Palmer Chiropractic College**, West in San Jose, CA!! WOW!!!

We thank the doctors, offices, staff and students who participated this year. With EVERY heart sponsored and displayed, the message of health is growing and growing for the children. Let's not keep natural health a secret!

Sign up and join the chiropractic students and the profession by opening your hearts to the children through the **Have A Heart 2006** campaign. Oklahaven's hearts will decorate chiropractic offices and colleges all over the world. Give your patients the opportunity to see Oklahaven's video, and learn that children can be well, and that they are MORE than a diagnosis or label... and they can reach their optimal potential!!!

We hope your office or school will be the **NEXT** Golden Heart Award winner! Join us in the **Have A Heart 2006** campaign and tell EVERYONE about children and chiropractic!

*For anyone needing or looking for more purple "4Kids" bracelets, please contact, **Dr. Michael Schweitzer** at (425) 868-9025. Thanks, **Dr. Schweitzer and staff** for helping the children!*

*A huge "Thank You" goes to Dr. Bill Doscher for always making sure Oklahaven has plenty of his whimsically painted pumpkins to sell. This year was a "smashing" success!*

Return Service Requested

Oklahaven Children's Chiropractic Center  
4500 N. Meridian • Oklahoma City, OK 73112

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## President's Letter

**Thanks to you,** Oklahaven has been busy sharing the message of hope and healing for children through the power of chiropractic and a natural way of life. We've been dubbed "Oklahaven on the Move" because we are taking our knowledge and skills forward.

We begin each seminar with a chiropractic lecture. Then, help the children who need an extra "push" on the path of wellness. Please feel free to call if we are needed in your area. We love lecturing and helping hurt children reclaim their health. This way, more children are helped and the public consciousness of restoring health to profoundly hurt children is rising!

Remember, "Oklahaven on the Move" only moves with your help!

In June and October, we traveled to Honduras. The wonderful and grateful mothers from **FUNCHAE** (Fundacion Hondura de Capacitation Especial) always captivate me with their unwavering dedication to their children. Seeing the children change so quickly never ceases to amaze me! We are planning to return three times a year.

In August, we made it to Florida without any hurricanes! Thanks for the assistance of Board Member **Dr. Sabra Morrow-Rhodes**, who is in charge of "Oklahaven on the Move," and **Dr. Laura Weller**, of St. Petersburg, Florida, for organizing the lecture and her healing hands for the three days! The children responded favorably and went home with a new lease on life.

In September, we hosted our second **Oklahaven Seminar**, which was a big hit! Thanks to all the lecturers and chiropractors who attended. It was truly amazing to have 110 years of chiropractic come together in ONE day.

In October, I made my annual talk to the students at **Northwestern Chiropractic College**. Thanks to **Dr. Ann Spicer** for inviting me again for the thirteenth year and to **Dr. Joseph Sweere** for allowing me to share Oklahaven with his class this year!

In November, **Karl Parker Seminars** invited us to Newark, NJ to present my two-hour lecture on "How to Track the Neurologically Dis-organized Child Back to Health." This powerful message is based on Oklahaven's 43 years of experience that has made a positive impact on the lives of many children.

We appreciate all the doctors, staff and patients for their outstanding efforts in holding fundraisers and choosing Oklahaven as their charity of choice.

I am always very grateful to each of you, who help Oklahaven in any way, for your continued support of our mission of educating and healing the children.

Love, **Dr. Bobby**



*Joshua, the grandson of former Board Member Dee Downard, was one of the children helped at the Florida seminar.*

## Stages a Parent Goes Through

**By Paula Barnes**

Our Parent Support Group is a group of families who have returned their children to health and provide encouragement and education for other parents seeking health for their children. Their experience throughout their child's journey is filled with feelings of fear and joy as well as heartbreak, trials, doubts and achievements. These parents know how their children have been helped; they see the changes in the quality of their children's lives. They feel strongly about sharing their own success stories, so other families' children can have the same opportunity without such a long and painful journey.

We have observed a common thread in the stages of the journey our parents have acknowledged, worked through, and mastered.

**Fear** - When the child is not meeting his milestones, parents are immediately frightened. Desperation combines with the determination to do whatever it takes to help that child. They are afraid of what the future holds.

**Denial** - Sometimes parents ignore obvious signals and convincing themselves that a certain behavior pattern is OK when it's obviously not. "I carried on in my daily routine without addressing my son's new needs."

**Terror** - Parents are terrified of making the wrong choices and are worried. Stepping out of the mainstream to make the choice of natural health care is extremely frightening.

**Excitement** - The parents are encouraged as they begin to see **small positive changes** in their child's health and are thrilled that a good choice was made. Everyone is excited to see the child begin to blossom. With time, the child is able to function and interact with those around him. "The progress my child is accomplishing is more than I dreamed ever would be possible!"

**Anger** - Frequently, in the beginning, parents are angry about the inability to find a diagnosis for their child's problem or the series of events that led them to Oklahaven.

☆ Parents will reach a point of frustration and must deal with having to do so much for their child.

☆ The anger may even come later after some improvement has been made as the body plateaus. This is the body balancing and stabilizing, sometimes contracting, which may seem like setbacks. Parents cannot decide what to do next. "Why is there so little progress?"

☆ They are desperate to find answers and they keep searching for quicker results.

☆ Loneliness can also cause angry feelings. "Am I doing this all by myself? Others do not seem to understand my choice of natural health care. What I am feeling and going through?"

I was angry with myself for not seeing the signs of my son's arthritis that were right in front of me and for

having incomplete and misinformation. I was frustrated with the doctors, who put my son through unnecessary surgery solely as a diagnostic tool.

**Shifting the responsibility**- It's not uncommon for them to feel anger towards themselves and others in an attempt to blame someone else or want to blame the label/diagnosis for the child's problems. "There was a point in time that the insurance wouldn't pay, my husband lost his job, and we had two mortgages since the house we were trying to sell, wouldn't! But, we were committed to my son's progress. I ended up taking odd jobs such as baby sitting and sewing, we found a way to make what needed to happen, happen."

**Taking your power back** - All that has happened to you and your child has made you stronger by relying on yourself listening to your inner voice or intuition. Your intuition is your higher self or your soul. You are soul; you are not looking for your soul. Soul is a part of God. "Gut instinct" or "intuition" are merely fancy names for all the watching, listening, and wondering a loving mother does concerning her child. All philosophers agree that your insight is correct if you can stay positive. Believe in your child as a spiritual being who has great potential. Expect the changes and keep the vision you have of your child becoming independent and reaching his full potential. The chiropractic premise is that life is from the inside out. We call this the innate intelligence of the body.

**Focus**- You must be focused each day. Keep the vision and expect miracles. Parents learn how to keep the child going forward by staying focused on:

☆ The frequency of adjustments,

- Which removes the subluxation from the nervous system

- Restores the impulses that rebuild and balance the body, which increases the conscious expression of the life force within the child to balance and organize his sensory and motor function with time

☆ Dedication to celebrate each small change

- Repeat one little advancement three or four times to get the action to become a pattern in the body.

- Don't let progress slip away.

- Give children encouragement — lots of it!

- It's vitally important that you don't let them stay babies. The human body is meant to be whole, push it. That is how we grow

- Children need plenty of rest to allow the body to heal.

- Whole food diet to maintain the vibrant life force

- Discipline is the key.

**Acceptance & Gratitude** - Regardless of whether the child progresses as quickly as you would like, the parent's love will always be there. Parents who ultimately accept this journey are thankful for its lessons. All the other stages have brought an understanding of living in the moment and how to let go while keeping your power as a responsible parent with gratitude and joy. **You are the parent. You are your child's greatest coach!** "This is a way of life and what a beautiful life it is!"

## YOU CAN CREATE A MIRACLE!

**Give the gift of health and make a real difference in a child's life today!**

I pledge the following financial support:

\_\_\_ Single Donation \_\_\_ Quarterly \_\_\_ Single Donation \_\_\_ Alternate Months \_\_\_ Monthly  
 \_\_\_ \$5,000 \_\_\_ \$1,000 \_\_\_ \$500 \_\_\_ \$250 \_\_\_ \$100 \_\_\_ \$50 \_\_\_ \$25 \_\_\_ Other \$ \_\_\_\_\_

\_\_\_ Assistance to support intensive chiropractic treatments for a severely hurt child

\_\_\_ Digitizing archival picture and upgrading digital equipment

\_\_\_ Provide educational materials for parents with our new book, pamphlets, video, and update our website

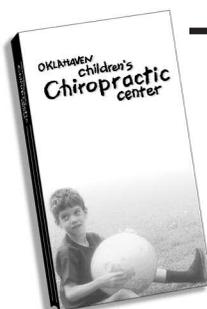
\_\_\_ Purchase our **40th Anniversary Video or DVD** (\$40 plus \$5 S&H)

\_\_\_ Other \_\_\_\_\_

*Donations may be made online at [www.chiropractic4kids.com](http://www.chiropractic4kids.com). All gifts are tax deductible as allowed by law.*

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