

in-line

With Oklahaven Children's Chiropractic Center

Fall 2003

4500 N. Meridian

Oklahoma City, OK 73112

Joel's Story, a Twelve Year Journey

Joel was a premature infant, born at 25 weeks gestation, weighing 1 pound, nine ounces. No one expected him to survive. His lungs were underdeveloped and he had frequent respiratory arrests. He lived for 18 months attached to continual oxygen. He even crawled and crept with the tank.



Joel at 8 days old, smaller than a Pound Puppy.

At 18 months his limited speech regressed to silence and his smile disappeared. Screaming and crying became the norm whenever he left the house. He developed many anti-social, autistic and obsessive behaviors. He rocked and banged his head. He began having constant ear infections. He threw up 3-4 times daily.

Joel kept trying to push away everything that was coming at him. In a few months he became worse, until he was not the same little boy anymore. His family tried many therapies with varying results, and over the years he made significant strides with long hard work.

After much coaxing, Joel started chiropractic care on the recommendation of Oklahaven's Director of Neuro-Development, Phyllis Libby, in January 2003. It took 5 people to get him onto the table for an adjustment. In those first months getting him to lie down we had to address him as a Cessna 182-Skylane AG, asking him to retract the gears, then the staff would say "flaps up" and "wheels up."

Within just 3 adjustments Joel's drainage from a persistent ear infection disappeared, and has not returned. He tolerated a haircut and his stammering reduced. He showed greater understanding of the difference between good and bad within the month.

In February he was more mellow and went without a tantrum for a whole week. By March he was easier to talk to, had more dialect in his language and more focus in his academic program. He was learning faster, and conversed more easily on new subjects and had better speech and social presence when greeting people. He stopped grinding his teeth, and now only does it when highly concentrating.

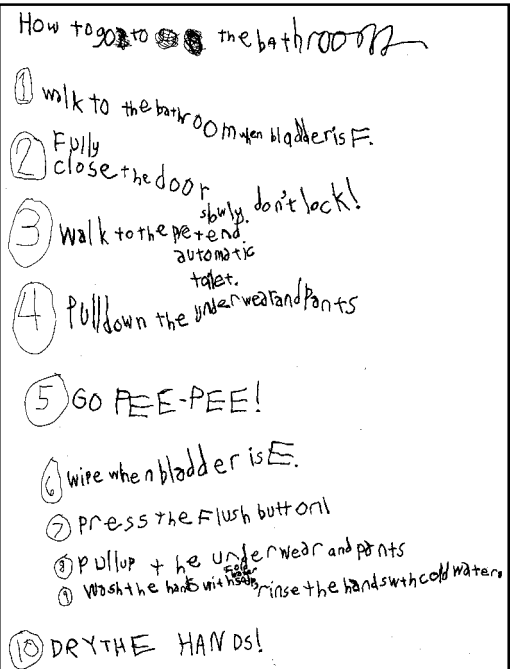
By three months, April of 2003, he was sleeping longer and more restfully. He had less fear and was more coordinated, able to sit straight up from a supine position. He went to bed by himself. He was more focused on tasks, and gave increased eye contact. He showed interest in learning to ride his bike. During May he worked hard on riding the bike and was more coordinated and cooperative overall.

In June he had improved his fine motor skills like tying his shoelaces, helped cut the lawn, could see where the grass was higher and lower, and for the first time used a machine without becoming obsessive about it. He rode his bike independently and was able to lie down in the treatment room by himself. Like his language, Joel's handwriting was improving in both penmanship and organization of ideas.

Before coming to Oklahaven he had worn pull-ups for years, everywhere he went, and at night. After 6 months of chiropractic he rarely wet the bed and was proud of his achievement. Then, in June, he



Joel 12 years old, with a circuit board, a favorite toy



blessed us with a moment of great humor that sums up his progress thus far. He wrote a hilarious checklist on how to use a restroom. We can appreciate Joel's mechanical references to his anatomy in steps #1 for "F" or full and #6 for "E" or empty, because years of disorganization led him to identify any machine with a gauge like his oxygen tank as an extension of himself. He used the word "rewind" over and over when he wanted his mother to repeat something.

Joel's progress is a parent's dream. His mother only wanted to clear up his ear infection, and instead, by continuing chiropractic care 3 times a week for 6 months, her son became a wonderful example of chiropractic's ability to give back to the world a healthy, organized, joyous child. She tells us, "Sometimes he almost looks like a 'normal' kid to me, and I do a double-take!"

What would she tell other parents? "Trust your feelings when you know there is something not right with your child. Search for answers and don't give up." Please, stand by all the children and their mothers who are seeking the chiropractic way of life and pour out your donation until you too are almost on "E"!

Return Service Requested

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Oklahoma Children's Chiropractic Center

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The President's Message

This year we are grateful because the world has come even closer to Oklahaven! Because of your open hearts we have been able to grow and expand our impact. I thank each of you personally for your generosity, hard work, and time. Know you are helping Oklahaven lead the children to more healthy and productive lives through the power of chiropractic.

Your support has enabled us to see many new international patients. Because of this, these parents can now tell their stories! We have been invited to a forum for "The European Year of the Handicapped".

We have participated in a national conference on alternative care for disabled children for the second year in a row and have delighted in seeing the spark of light shine in a mother's face as she sees and hears about what her innate intelligence was telling her about her child. The word is getting out— heal the children!

And what are we doing to better serve the children's needs? We're learning! Thank you to Dr. Tom Forest for teaching Blair specific upper cervical seminars at Oklahaven, and donating the proceeds. Because of Dr. Forest we have a new Blair practitioner at Oklahaven to assist with specific upper cervical x-rays and adjusting of the severely hurt children to clear out the foramen magnum area of nerve impingement—welcome on board, Dr. Monty Harris!

Many thanks to our volunteer webmasters: Marc McKinney who developed our website, Valerie German for always being there to upgrade it, and James Noble for his computer expertise.

Thanks to Dr. Goldia B. Young, one of our pioneering women chiropractors who graduated from Carver Chiropractic College here in Oklahoma City in 1924 and helped in the early days of this center. We thank her daughter for the bequest of her residence and clinic. In her honor, the center's board room is now The "Young" Room.

A special thanks to my husband, Dr. Bill Doscher,



Dr. Bobby Doscher, after her lecture, "The Power of Chiropractic and the Profoundly Hurt Child" at Palmer Lyceum with Dr. Roy Sweat, and Dr. Tom Forrest, two students and ardent supporters of Oklahaven

for his restoration of this facility. The children would like to give him a hug for each pumpkin he artfully and lovingly paints. The pumpkin fundraiser, like our marriage, celebrates its 25th anniversary this year! He also serves on Oklahaven's board of directors.

Thanks to all members of our board who have served and worked all these years with their expertise. Their loving concern for the children always touches my heart. The Center could not exist without them.

In memory of "Reg" Libby, the late husband of our neuro-developmental, Phyllis, we would like to thank all the wonderful people who gave memorial donations on behalf of the Center. Reg was always there to contribute his expertise in plumbing and construction for the cause of children, chiropractic and Oklahaven.

Over the years we have observed more clearly that the restoration of health in our young patients who are more toxic is slower. The children's performance is more disorganized, manifesting as poor language, short attention span, poor coordination, illegible handwriting, behavioral swings, rage, and various physiological problems: constipation, poor sleep, poor appetite, extreme tension in the body, and rhythmic breathing irregularity. With each adjustment in our series, we are still observing a slower, but consistent recovery.

Our Parents Support Group is speaking out not only to Oklahaven's families but to all interested parents. We see this arm of our educational work as a vital link to support those parents engaged in a long haul to bring their children forward to a life of light and productivity. I thank the Parent Support Group and the staff for all their hard work writing the monthly Paula's Patter. Parents are the key to making a child's life loving and one of quality. Oklahaven strives to honor our parents' innate intelligence.

Paula's Patter

I want to thank the parents who have helped share the mission of Oklahaven. Each time you tell your child's story; you illuminate your path as well as guide another. You realize the significance of your role. I also thank Cox Cable's Public Access television for recording your stories.

The Parent Support Group is growing with each new family that realizes the importance of a natural and healthy lifestyle for their children and family.

I have journeyed through the fears, doubts, and the range of emotions that comes with changes in lifestyle and searching for health. I would like to help other parents as they are searching and beginning journeys of health for their children. If you are dealing with a parent who is unsure, the Parent Support Group would be happy to talk to them.

We have begun offering a class each month entitled "How to Find the Wellness in Your Develop-



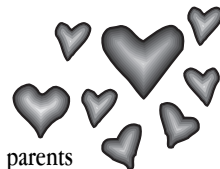
Congratulations to Dr. Rochelle Neally of California, chiropractor of the winning women's softball championship here in Oklahoma City fulfills her dream of visiting Oklahaven.

mentally Challenged Child". Each month will highlight a specific topic concerning chiropractic, neurological development and other areas relating to the way back to health and the chiropractic lifestyle.

Thanks to Dr. Pat Gayman, a long time friend of Oklahaven, who will soon give us another opportunity to share information and experiences through a conference call once a month. We have chosen the second Tuesday evening at 7pm CST of each month for the call. We look forward to networking ideas in this way.

We are continuing to send information to the parents each month via e-mail and snail mail. Please let us know your email address in order to save time and postage.

Have a Heart



The children and the parents thank you for all the efforts you have put into making the 2003 Have a Heart campaign wonderfully successful! The campaign of selling paper hearts during Valentine's week opens the hearts of the public. By showing our video, it makes them aware of the powerful return of health for the severely sick and damaged child through chiropractic.

This year's supreme hugs and kisses go to our Have a Heart 2003 Golden Heart winners: Cleveland Chiropractic College, LA and White Center in Seattle, WA!

A "heart" felt thank you to ALL the participants in Have a Heart 2003!

Only with your help do the children have the opportunity to lead healthier and happier lives.

Who will receive the Golden Heart for 2004? It's fast approaching! Let's gear up and make the 2004 campaign bigger and better!

Contact us at oklahaven@flash.net to receive your 2004 campaign packet.

"The greater your dream, the more you are going to have to work to get it. In doing so you will have to put forth effort." Harold Klemp

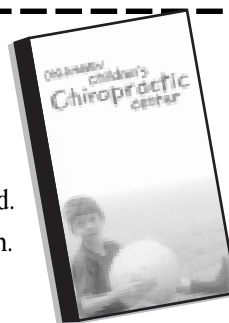
You Can Make a Difference!

Your Gift can create a miracle in a child's life.

- Purchase our 40th anniversary video (\$40 plus \$5 S&H)
- Assistance to support intensive chiropractic treatments for a severely hurt child.
- Expanding the Parent Support Group's message of restoring health to children.
- Updating the website for online information and donations.
- Other _____.

Your generosity and support of our ongoing mission at Oklahaven inspires us, as well as the families of the children.

All gifts are tax deductible as allowed by law.



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